

## **Inspired2learn conference**

### **Managing Change in Uncertain Times**

### **6th and 7th December 2013**

**It isn't the changes that do you in... Caroline Talbott**

Change is external whilst transition is internal. Business, personal and career changes are disruptive for individuals and organisations regardless of whether they are viewed as positive or negative. This workshop will provide some approaches which you can use to understand and adapt to change for yourself or others. Negotiating change successfully is not just about what you know and what you do – it's about who and how you are. Based near Bristol, Caroline is a specialist in change management and organisation development, a qualified NLP Business Practitioner and Accredited Executive Coach. She is an accreditation assessor with the Association for Coaching and author of the new book 'Essential Career Transition Coaching Skills'.